

# Bharathanatyam Performance

**Sindhuja Bheesette**

Disciple of  
Guru Shri M.Kalyanaraman Pillai  
Guru Smt. Smita Shah

**Date & Time: Sunday 15th February 2009 at 10.00am**

**Venue: GSB English Medium School, Ambika Nagar, Gograswadi, Dombivli (E)**

## Programme

### ❖ Pushpanjali (Raagam: Nattai, Thalam: Aadi)

Pushpanjali is an invocatory piece in praise of Lord Ganesha – remover of all obstacles. The dancer offers flowers to the Lord and seeks His blessings asking to grace the occasion and remove all obstacles.

### ❖ Varnam (Raagam: Shankarabharanam, Thalam: Aadi)

Varnam is the central, most pure, elaborate and comprehensive item of Bharathanatyam showcasing a magnificent display of pure dance and rhythm interwoven with acting. This Varnam describes the pain and longing of the *Nayika* (heroine) for her beloved Lord, as she shares her feelings with her *Sakhis* (friends).

### ❖ Krishna Padam (Raagam: Kannada, Thalam: Aadi)

It is here in Padam - worshipping god, that the dancer relies heavily on *raga bhava*, her ability to sense the underlying mood of the *raga*. The luxuriant movement of the melodic ornamentation has a direct influence upon the movement of gestures and entire body.

### ❖ Thillana (Raagam: Dhanashee, Thalam: Aadi)

Thillana is a fantasy of pure dance and is the perfect finale to the repertoire. It combines intricate rhythms interwoven with classical sculptural poses, which builds the tempo up to a brilliant climax.

### ❖ Mangalam (Raagam: Yamuna Kalyani, Thalam: Rupakam)

This is a prayer sung at the end of the performance in praise of Lord Rama, to thank and seek blessings of the Almighty for the completion of the performance and asking for pardon for any shortcomings.



## *About The Artist*

Sindhuja Bheesette, daughter of Lakshmi and Satyanarayana Bheesette was born on the 27<sup>th</sup> of July 1995. Brought up in a unique joint family now in its fifth generation, she has grown up to be a dedicated, sensitive and caring girl. Sindhuja is a VIII standard student of St. Anne's High School, Colaba from where she has inherited her intellectual integrity, self discipline and hard work.

Sindhuja has started pursuing the divine art of Bharathanatyam (Tanjore style) from tender age of six years from Nrityanjali Dance School, Cuffe Parade and completed *Visharad* in the year 2007. She has blossomed into a fine dancer under the able guidance and blessings of Guru Shri M.Kalyanaraman Pillai and Guru Smt. Smita Shah. For her, this precious art is a form of spiritual meditation which has imparted her with greater self-confidence and discipline. Sindhuja aspires to be referred to as one of the finest Bharathanatyam dancers.

Sindhuja has given her Bharathanatyam Arangetram on 26<sup>th</sup> of July 2008 at the Y.B.Chavan Auditorium, Mumbai. Sindhuja has given numerous dance performances in her school, in Tata Institute of Fundamental Research, at the Kala Ghoda festival, at the facilitation functions of her Guru Shri Pillai as well as at other cultural events and has won accolades of one and all.

Sindhuja is a senior student in Carnatic vocal music under the tutelage of Guru Prof A.Sankaranarayanan and has already performed at several functions and competitions.

Sindhuja is also an excellent athlete and has won several prizes in her school and in other sports meets. She currently represents her school in Throw ball and competed in many inter-school matches. Besides her passion for dancing and music, she enjoys reading, writing, painting as well as dramatics and is a regular contributor to her school magazines and annual concerts.